

## Maha Prajna Paramita Heart Sutra

Avalokitesvara Bodhisattva, doing deep prajna paramita

Clearly saw emptiness of all the five conditions,

thus completely relieving misfortune and pain.

O Shariputra, form is no other than emptiness, emptiness no other than form.

Form is exactly emptiness, emptiness exactly form.

Sensation, conception, discrimination, awareness are likewise like this.

O Shariputra, all dharmas are forms of emptiness, not born, not destroyed;

not stained, not pure; without loss, without gain;

So in emptiness there is no form, no sensation, conception,

discrimination, awareness;

No eye, ear, nose, tongue, body, mind;

No color, sound, smell, taste, touch, phenomena;

No realm of sight . . . no realm of consciousness;

No ignorance and no end to ignorance . . .

No old age and death and no end to old age and death;

No suffering, no cause of suffering, no extinguishing,

No path, no wisdom and no gain.

No gain and thus the bodhisattva lives prajna paramita

With no hindrance in the mind, no hindrance, therefore no fear;

Far beyond deluded thoughts, this is nirvana.

All past, present and future Buddhas live prajna paramita

And therefore attain anuttara-samyak-sambodhi.

Therefore know prajna paramita is the great mantra, the vivid mantra,

The best mantra, the unsurpassable mantra;

It completely clears all pain — this is the truth, not a lie.

So set forth the Prajna Paramita Mantra,

Set forth this mantra and say:

Gate! Gate! Paragate! Parasamgate!

Bodhi svaha! Prajna Heart Sutra!